

**The Implementation Program in Lebanon
Conducted by Helen and Merlin**

Place: Ein El Helw camp/GUPW (CBRC).

Duration: from 26 May to 5 June 2010.

No.	No. of Beneficiary	Date	place	Type of Beneficiary	Notes
Beauty Relaxation (Helen):					
1.	2 groups (24)	Wed 26 May 2010 Thurs 27 May 2010	Ein El Helwe camp/Huda Shaalan KG. Hall	The participants are mothers of the disabled children at our community Based Rehabilitation.	
2.	1 group (14)	Thurs 27 May 2010	Ein El Helwe camp/Heritage Exhibition Center	The participants are the Palestinian women workers at the heritage exhibition	
3.	1 group (14)	Sat 29 May 2010	Ein El Helwe camp/Huda Shaalan KG. Hall	The participants are: 1. Staff of care and family welfare association 2. staff of listening center r 3. staff of GUPW library	
4.	1 group (16)	Mon 31 May 2010	Ein El Helwe camp/Al Karama Association	The disabled and healthy persons who are working at the disabled association.	
5.	1 group	Wed 2 June 2010	Ein El Helwe camp/Huda Shaalan KG. Hall	The participants are the staff at our CBRC and some worker women from Mia Mia camp	
6.	3 participants	Wed 2 June 2010	Ein El Helwe camp/Huda Shaalan K.G. Hall	Intensive Training for a group to be future Trainers: 1. Pediatric Physiotherapy: who is working at our CBRC 2. social worker: GUPW in Mai Mai camp 3. volunteer at our CBRC	To work on a program for the mothers of the disabled children at our Community Based Rehabilitation.

Baby Massage (Merlin):

The beneficiaries from baby massage: 9 disabled children under observation of 9 mothers (5 sessions)

Home visits: 11 H.V. (new OT rehabilitation activities):

- Advises for a good positioning
- Adjustment for CB wheel chairs

5 children were assisted at CBRC:

- advises for good positioning
- adjustment for CP wheel chair

Evaluation of the program:

All of the women participated in beauty therapy relaxation were very interested and enjoyed the sessions while they practiced relaxation for the first time in their life and felt they enjoyed 2 hours for them selves without responsibility – they learnt well to breath in a healthy way and as required and most of them told they began to practice relaxation at home.

The same for the baby massage, both benefited the disabled children and their mothers while they were observing and practicing the baby massage and could have the background to deal a little bit with their children while some of them got a benefit result.

Note: the program was really in extreme need for our Palestinian community while we are living in very bad conditions and deprived a lot of rights which belongs humanity.

Report written by Chairman General Union of Palestinian Woman



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